



February 2015

SCERT SANDESH

NEWS LETTER

NATIONAL POPULATION EDUCATION PROJECT



राज्य शैक्षिक अनुसंधान और प्रशिक्षण परिषद्
STATE COUNCIL OF EDUCATIONAL RESEARCH AND TRAINING
SECTOR 32, UT CHANDIGARH



Message



Sandeep Hans, PCS

Director, Higher Education
Chandigarh Administration



Sh. Sandeep Hans PCS
Director Higher Education
Chandigarh Administration
UT Chandigarh

State Council of Educational Research and Training (SCERT), UT Chandigarh is doing a commendable job in bringing together the Teachers, Students, Prospective Teachers, Teacher Educators, Educational Thinkers and Administrators to a common platform by implementing the activities under the National Population Education Project (NPEP).

"SCERT SANDESH" is a voice of the Project and aims at disseminating the relevant information about the implementation of the project and also provides a glimpse of the enormous efforts planned and executed to bring awareness to the general population.

I congratulate SCERT, UT Chandigarh for its mammoth efforts and I do hope that this Newsletter will surely bring overall awareness among the entire stakeholders, especially in empowering young learners towards inculcating rational attitude and responsible behaviour, in respect of population and development issues

(Sandeep Hans)

From The Directors' Desk

The Concept of Population Education emerged in the context of Population and development, the two most pressing issues before mankind today. The interrelationship between the two is highly complex and Population problems are multidimensional. Right to development is a universal and inalienable right of every human being & fulfillment of which is the realization of balanced interrelations between population, resources, environment and development.

The objective of NPEP is to ensure human well being, equitably shared by all. It focuses on quality of human life within the carrying capacity of supporting eco-system.

"SCERT SANDESH" is a acme of the project and reflects the various activities undertaken under National Population Education Project (NPEP) in schools and educational institutions.

(Surender S. Dahiya)



Dr. Surender S. Dahiya
Director
SCERT, UT Chandigarh



Ms. Jasmine Josh
Co-ordinator PEP
SCERT, UT Chandigarh

Editorial

Esteemed readers, we are elated to unveil the sixth issue of our Annual Newsletter "**SCERT SANDESH**" under National population Education Project.(NPEP)

This Newsletter serves as a common platform for the young and the elder to ventilate their concerns on population related challenges and issues. It provides a canvas for those who have been connected, aspired, rewarded and honoured under this project.

I express my sincere thanks to Prof. Mrs. Saroj Yadav and her team in NPEP, DESSH, NCERT New Delhi for their continuous guidance and resource support in implementing this Project in UT Chandigarh.

My heartfelt gratitude to our Director Dr. Surender S. Dahiya for his unconditional support and valuable guidance in executing this Project and also in shaping this Newsletter and making it available to our esteemed readers.

I am also grateful to the Team NPEP at SCERT UT Chandigarh for their contribution throughout the implementation of this Project.

Your views and comments will be highly acknowledged, and I do hope that this Newsletter will be informative for all the readers.

Jasmine Josh

NPEP TEAM SCERT, UT CHANDIGARH

Dr. Surender S. Dahiya

Director, SCERT

Ms. Jasmine Josh

Co-ordinator

Mr. Raman Kumar

Member

Ms. Gurpreet Kaur

Member

Mr. Surinder Pal

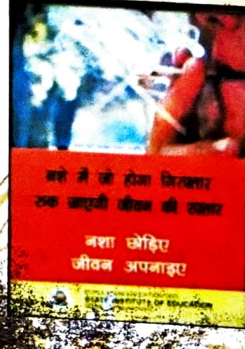
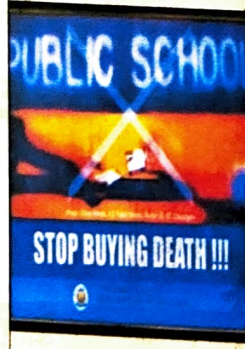
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Mr. Ansar

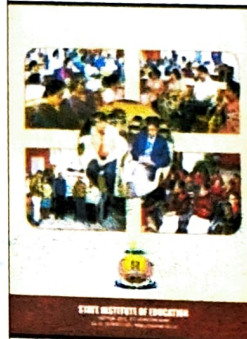
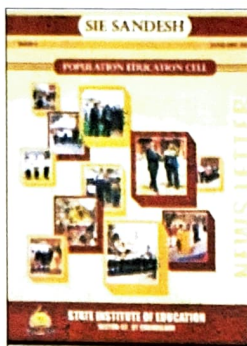
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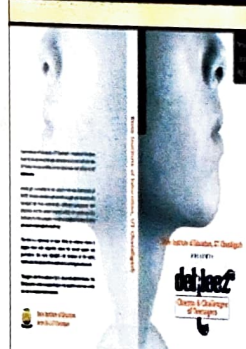
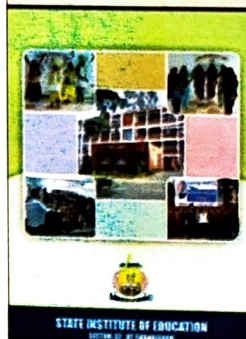
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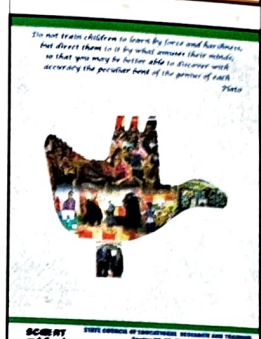
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2012-13



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OUTCOMES 2014-15

❖ Release of Annual News Letter - "SCERT SANDESH" 2014

❖ State Core Committee Meeting 2014

❖ **Material Development**

- Development of Guidelines to implement Curricular Activities in Govt. Schools of UT Chandigarh.
- Development of Advocacy Material to Integrate in different Programmes on PE/AE issues
- Translation of Advocacy Material in Hindi
- Development of two selected Posters in print form.
- Development of Newsletter "SCERT SANDESH"-2015

❖ **Training**

Organised Training cum Orientation Programme for Prospective Teachers

❖ **Advocacy Program**

Organised Advocacy Programme for Social Studies Teachers of Govt. Schools of UT Chandigarh

❖ **Curricular Activities**

- Organised State Level Folk Dance Competition
- Organized State Level Role Play Competition
- Organised State Level Poster Competition
- Organised State Level Photo Competition
- Organised State Level Competition on Models related to PE/AE issues
- Organised State Level Exhibition on Models, Posters and Photos related to PE/AE Issues

❖ **Publication/Documentation**

- Printing of Guidelines of Curricular Activities
- Printing of Advocacy Material in Hindi and English
- Designing and Printing of Newsletter "SCERT SANDESH"-2015
- Designing and Printing of Posters



NATIONAL POPULATION EDUCATION PROJECT (NPEP)

NPEP is an educational programme which provides for a study of the population situation in the family, the community, nation and the world with purpose of developing in the students rational and responsible attitude and behaviour toward the situation. The Reconceptualized Framework of Population Education, views it as an educational process to develop in learners an understanding of inter-relationships between population and development, causes and consequences of population change and the criticality of the conditions of population stabilization.

The interrelationship between population and development is highly complex and population problems are multidimensional. This interrelationship may be brought into a harmonious balance primarily by changing the demographic profile of the nation, which depends largely on attitudes and behaviours of individuals in respect of population and development issues. Demographic behaviour to a great extent is informed by population socialization, a process by which people acquire norms, values, attitudes and belief systems in respect of population related issues embedded within the larger complexes of social practices reflecting the society's internal logical system. This process is greatly influenced by education which enables the individual to understand the phenomenon of population change and its consequences. It is commonly observed that knowledge of simple facts of population changes, let alone the complex interrelationships with other parameters, is very low even among educated people. It is precisely because of these reasons that population education has emerged as an integral part of the multi-pronged strategy employed to solve contemporary population and development related problems that world is facing.

The reconceptualised framework of population education mirrors all the critical concerns. It provides a broader definition to the concept of population education as an educational process which develops among learners an understanding of interrelationships between population and development, causes and consequences of population change, and the criticality of the essential conditions for population stabilization. It inculcates in them rational attitude and responsible behavior, so that they may make informed decisions in respect of population and development issues.

OBJECTIVES NPEP

- * Making learners aware of the interrelationships between population and sustainable development.
- * Developing in them an understanding of the criticality of essential conditions of population stabilization for better quality of life of present and future generations.
- * Inculcating in them rational attitude and responsible behavior towards population and developmental issues.
- * Making them understand the crucial aspects of adolescent reproductive health, focusing on the elements of process of growing up and implications of HIV/AIDS and drug abuse.
- * Inculcating in them rational attitude towards sex, drugs and promoting respect for the opposite sex.
- * Empowering them to take informed decisions on issues of population and development including those of reproductive health.

MAJOR THEMES OF NPEP

Theme I: Population and Sustainable Development

- a. Population Growth and Structure: Implications for Populations Stabilization
- b. Population, Sustained Economic Growth and Poverty
- c. Population and Environment

Theme II: Gender Equality and Equity for Empowerment of women

- a. Gender Equality and Equity
- b. The Girl Child
- c. Male Responsibilities

Theme III: Adolescent Reproductive Health (Adolescence Education)

- a. Process of Growing Up
- b. HIV/AIDS
- c. Drug Abuse

Theme IV: Family: Socio-cultural Factor sand Quality of Life

- a. Family as Basic Unit of Society
- b. Socio-Economics Support to the Family

Theme V: Health and Education: Key Determinants of Population Change

- a. Health, Morbidity and Mortality
- b. Child Survival
- c. Health of Women and Safe Motherhood

Theme VI: Population Distribution, Urbanization and Migration

- a. Population Distribution
- b. Population Growth in Urban Agglomerations
- c. Migration



LIFE SKILL EDUCATION FOR ADOLESCENTS

Life skills are abilities for adaptive and positive behavior that enable individuals to deal effectively with the demands and challenges of everyday life and aims to provide students with strategies to make healthy choices that contribute to a meaningful life, to promote mental well being and competence in young people as they face the realities of life, helps the young people to take positive actions to protect themselves and to promote health and meaningful social relationship.

Imparting life skill training through inculcating life skill education will help our adolescents to overcome such difficulties in life. Developing life skills helps adolescents in translating knowledge, attitude and values into healthy behavior that makes their life fruitful. Life skills also help in empowering girls by imparting healthy behavior and helping them to avoid risks and to make appropriate decisions at the right time.

The core set of life skills which help in promoting health and well being of children and adolescents are :

Decision making - The process of assessing an issue by considering all possible/available options and the effects those different decisions might have on them.

Problem solving - Having made the decisions about each of the options, choosing the one which suits the best, following it through even in the face impediments and going through the process again till a positive outcome of the problem is achieved.

Creative thinking - It is the ability to look beyond our direct experience and address issues. It contributes to both decision making and problem solving by enabling us to explore the available alternatives and various consequences of our actions or non-action. Creative thinking can help us to respond adaptively and with flexibility to the situations of our daily lives.

Critical thinking - It is an ability to analyze information and experiences in an objective manner. Critical thinking can contribute to health by helping us to recognize and assess the factors that influence attitudes and behavior, such as values, peer pressure, and the media.

Effective communication - Effective communication means that we are able to express ourselves, both verbally and non-verbally, in ways that are appropriate to our cultures and situations. This means being able to express opinions, desires, needs and fears. And it also means being able to ask for advice and help in a time of need.

Interpersonal relationships - Interpersonal relationship skills help us to relate in positive ways with the people we interact with. This means being able to make and keep friendly relationships, which can be of great importance to our mental and social well-being. It also includes keeping good relations with family members, which are an important source of social support.

Coping with emotions - Coping with emotions involves recognizing emotions in ourselves and others, being aware of how emotions influence behavior, and being able to respond to emotions appropriately. Intense emotions, like anger or sorrow can have negative effects on our health if we do not react appropriately.

Coping with stress - Coping with stress is recognizing the sources of stress in our lives, recognizing how this affects us, and acting in ways that help to control our levels of stress. This may mean that we take action to reduce the sources of stress, for example, by making changes to our physical environment or lifestyle.

Life skill education is a basic learning need for all individuals. Various skills like leadership, responsibility, communication, intellectual capacity, self esteem, Interpersonal skill etc. extends its maximum level, if it is practicing effectively. We need to create life skill education as the cornerstone of various youth programmers and an integral part of our formal education process.

SECRET INGREDIENTS FOR HAPPINESS

Happiness is a state of mind. There is no particular cause for being happy. Happier people are the ones who choose to be so. Happiness is available in abundance and its everywhere around us-in the air, on the mountains, in the middle of the sea, in a jungle, in gushing water, in rain, in sunshine, in music, in dance. It's in us.

What is important is the realization that no one can be happy alone. True happiness is always shared. It lies in giving. When our efforts make the other person smile that's when we shall get **a real kick of happiness**. Essence of happiness lies in forgetting about our own needs and demands. It is focusing on necessities of others.. A healthy and happy frame of mind spreads bubbles of joy and harmony. Just the way parents nourish and bring up their kids and feel happy to see them as good human beings.

It's important to understand that things that make us happy are never our own and the happiness we get cannot be snatched by anyone but ourselves. We have to take the initiative for our happiness which we shall find in being with others. **The formula that generates happiness is our true feelings towards others.** Simple acts of kindness bring joy. Don't waste a minute not being happy. Its the best makeup you can always put and never go out of style.

Tips to improve your Happiness

- **Be Optimistic-** A positive approach to circumstances in life will always help you think constructively and give you the required boost to overcome adversity be it personal, professional or health related. Optimism will nullify the effect of any betrayal or failure. That's the secret behind smiles of those in adversity.
- **Don't loose hope-** Hope keeps us going. We all know about the silver lining behind clouds and must believe in it. Hope is the only light we can use in darkness. Keep trying and never give up. Things surely get better after they get worst. Finite disappointments cannot stand infinite hope.
- **Exercise and meditate-** Taking care of your body gives a great a feeling. Workout is nothing short of a miracle in uplifting a sad mood. Meditation reduces anxiety, fear, grief, guilt and helps in overcoming depression. It cultivates compassion, sharpens concentration and brings peace, calmness and happiness.
- **Call a friend-** Friends are our best therapist. We can express freely, act silly and they know when and how to make us happy. A single call can make a huge difference to the way we are feeling. It's always a great idea to connect to old and new friends for the feel good factor. Friendship is the best medicine.
- **Learn to forgive-** Forgiveness is attribute of the strong. The more you forgive the happier you are. It's the best way to combat stupidity, shrewdness, biasness, hypocrisy and disappointments. Forgiveness gives us peace. It's not easy but surely is worth the effort.
- **Share, care and help-** Last but not the least. Feel the bliss of sharing and caring for not just significant others, but everyone who you come across. This gives a lot of satisfaction` and happiness. It is a simple remedy that will elate your mood. Being helpful and kind will bring in tons of joy along with a lot of positive emotions and memories.

Raman Kumar

VIRTUES FOR EXCELLENCE

What actually contributes to excellence in relationships and career are not knowledge and skills, rather there are virtues which are instrumental in achieving excellence. It's the integration of these virtues that develop an individuals' character that helps him/her exceed in life. Let us list down ten virtues which would assist you both in personal & Professional life

1. **Assertiveness and commitment** - To be able to express your thoughts and feelings in an open and honest way brings in transparency and clarity in personal relationships as well as professional. Assertiveness without commitment is presumed as rude and self centered. Commitment acts as a dash of sweetness balancing assertive dialogues and you move in the right direction to achieve excellence.
2. **Determination and enthusiasm** - A self determined person chooses to get involved in everything that will assist him/her to reach a target. It's important to exhibit determination with enthusiasm. It's taking a call and acting with determination and enthusiasm without any pressure or external encouragement.
3. **Internal locus of control** - It's the belief that things are in your control and you can make a difference to all the situations which are prevailing. It helps you take decisions without being uncertain. The fact that you take responsibility of your actions builds a strong character which helps in exceeding in personal and professional relationships.
4. **Emotional intelligence** - Emotional intelligence is more important than traditional intelligence to excel in life. It's being self aware as well as socially aware. It helps in understand needs of others. If you correctly perceive and manage emotions of others, you win half a battle. Using your own emotions appropriately is another half. Understanding and managing emotional responses take you towards excellence.
5. **Bias free** - To be open minded and receptive to ideas puts you on the path of excellence. Any kind of bias only hinders your progress and lets you down because you loose the opportunity to explore the unseen. Being non judgmental accelerates you towards excellence.
6. **Integrity and nobility** - Righteousness, truthfulness and nobility always pay. These are building blocks of character. Without being honest to yourself and others, excellence can never be achieved.
7. **Altruism** - Being kind and altruistic improves chances of excelling as a person. The contentment and reward that you receive is unparalleled. Altruism is an attribute of a strong person and surely pulls you towards achieving excellence in relationships.
8. **Empathy and compassion** - To be able to feel the same pain as others, gives you better insight of situations. This in turn helps you generate positiveness. Better understanding leads to better planing and execution. Being empathetic and compassionate will support you through the journey of excellence.
9. **Resilience** - Your ability to bounce back when encountered by unruly circumstances that knock you down exhibits your strength, your resilience. It helps you focus on the task in hand such as mending a relationship which has gone through a stormy phase or hurdles that you encounter in your professional life.
10. **Optimism and courage** - Optimism and courage hold your hand through gloomy scenarios in life. Staying hopeful and leading with courage gives strength to all those associated with you. It's important to maintain a positive frame of mind in aversive circumstances to achieve desired goals with excellence.

Surinder Pal

COMMUNICATION SKILLS

Communication is an essential part of work and home life. To become effective communicators we need to be aware of a few fundamental tips we can use in our work and life interactions. Regardless of the situation, the same rules apply.

TIPS TO IMPROVE COMMUNICATION SKILLS

Show Appreciation :- Prior to getting into the meat of your conversation, be sure to express your thanks for the other individual's time. Time is an extremely precious resource, and it important to be respectful and considerate of that. Also, complement or recognize any positive contribution they are making. Appreciation and praise can go a long way towards building good rapport.

Connect :- Connect on a personal level if possible. Look for places where interests overlap if any exist. Even in a professional situation, there may be some personal interests in common, hobbies, sports, children, etc. Take care to avoid such controversial topics as political leanings or religious beliefs. A real sense of connection makes a difference in the tone and outcome of the current conversation and most likely future communications as well.

Stay positive :- Maintaining a positive attitude is crucial to productive communications. Be constructive rather than negative or complaining. People shut down, effectively ending any real communication when they feel attacked or criticized. Be encouraging and kind even when expressing concerns or displeasure.

Watch tone :- While it's sometimes necessary to be assertive in order to make your point, don't be aggressive. There is a fine line between the two. Try not to cross it. An adversarial tone is not in any way productive. Be confident and direct, while still adopting a calm, cooperative tone.

Focus on the result :- Knowing your objective helps you to direct the conversation and to remain on point. What are you hoping to accomplish? Are you trying to give help, resolve a conflict, or collaborate on a project or issue? Are you seeking advice or trying to influence behavior? Your desired outcome helps to determine the flow of communication.

Listen :- Eye contact is crucial. Be polite and don't interrupt. No one likes being interrupted and though it's natural to want to rush in to make your point, it's very disrespectful of the other person's thoughts. Try to understand the other person's perspective. Maintain an open mind. Learning how to value different viewpoints can be an important communication tool.

Notice non-verbal cues :- Watch body language. Lack of eye contact, distraction, or fidgeting are often signs of restlessness or impatience. Yawning or sighing are usually signs of mental or physical fatigue. When you notice these types of non-verbal signals, it's a sign that this conversation is not going to be a productive one. Quickly wrap up the conversation, postpone the conversation, or inquire about the discomfort if your relationship allows.

Follow-up :- Be clear about what actions will be taken and establish accountability. Confirm deadlines, responsibility, and expectations. If relevant, document any agreements in writing. A clear understanding of what is supposed to happen next can help avoid a conflict later on.

Always try to end your communication in a friendly manner. Reiterate your thanks and try to leave the other individual feeling understood and valued.

Gurpreet Kaur

ABOUT CHANDIGARH

Chandigarh, the dream city of India's first Prime Minister, Sh. Jawahar Lal Nehru, was planned by the famous French architect Le Corbusier. Picturesquely located at the foothills of Shivaliks, it is known as one of the best experiments in urban planning and modern architecture in the twentieth century in India.

Chandigarh derives its name from the temple of "Chandi Mandir" located in the vicinity of the site selected for the city. The deity 'Chandi', the goddess of power and a fort of 'garh' laying beyond the temple gave the city its name "Chandigarh-The City Beautiful".

The city has a pre-historic past. The gently sloping plains on which modern Chandigarh exists, was in the ancient past, a wide lake ringed by a marsh. The fossil remains found at the site indicate a large variety of aquatic and amphibian life, which was supported by that environment. About 8000 years ago the area was also known to be a home to the Harappans.

Since the medieval through modern era, the area was part of the large and prosperous Punjab Province which was divided into East & West Punjab during partition of the country in 1947. The city was conceived not only to serve as the capital of East Punjab, but also to resettle thousands of refugees who had been uprooted from West Punjab.

In March, 1948, the Government of Punjab, in consultation with the Government of India, approved the area of the foothills of the Shivaliks as the site for the new capital. The location of the city site was a part of the erstwhile Ambala district as per the 1892-93 gazetteer of District Ambala. The foundation stone of the city was laid in 1952. Subsequently, at the time of reorganization of the state on 01.11.1966 into Punjab Haryana and Himachal Pradesh, the city assumed the unique distinction of being the capital city of both, Punjab and Haryana while it itself was declared as a Union Territory and under the direct control of the Central Government.

FACT FILE

The basic geographical and demographic profile of Chandigarh is as under:

Area	114 sq kms
Longitude	76° 47' 14"E
Latitude	30° 44' 14"N
Altitude	304-365 meters above MSL with 1% drainage gradient
Annual Rainfall (average)	1110.7 mm
Monsoon	July-September
Temperature	Winter Min. 10°C-16°C Summer Max. 27°C-44°C
Prevalent Winds	From the North West to South East in Winter in Summer
Total Population (2011 census)	Population-92120 (10.2%) (Urban population-808515 (89.8%))
Density of population/sq. km.	7,900
Infant Mortality Rate (per 1000)	44.13
Sex Ratio (females per 1000 males)	777
Decennial Population Growth	40.33%
Literacy Rate	81.9%

SOURCE: Developed By Department of Information Technology, UT, Chandigarh & National Informatics Centre, Chandigarh

PROJECT PROGRESS REVIEW MEETING (PPR) 2013-14

Project Progress Review Meeting was held at Tirupati, Andra Pradesh, from 22.02.2014 to 24.02.2014, Chaired by Prof. (Mrs.) Saroj Yadav Head & Co-ordinator NPEP. Dr. Surender S. Dahiya Director SCERT Presented the Progress Report for the Session 2013-14 and Plan of Action 2014-2015 was developed and finalized for the approval from NCERT. Ms. Jasmine Josh Co-ordinator NPEP discussed the outcomes and achievements of the session 2013-14.



STATE CORE COMMITTEE MEETING

A meeting of the State Core Committee of National Population Education Project (NPEP) was held under the Chairmanship of **Sh. Sarvajit Singh IAS, Finance-cum-Education Secretary, Chandigarh Administration, UT Chandigarh** on 13.06.2014. **Sh. Sandeep Hans PCS, Director Higher Education, UT Chandigarh** appreciated the efforts of SCERT, NPEP team.

Dr. Surender S. Dahiya Director, SCERT appraised the committee about the role of MHRD and NCERT in the implementation of the Plan of Action of NPEP.

Sh. K.K Bhaddu, Director Public Instruction (S), Mr. Chanchal Singh Deputy Director, School Education, Ms. Jasmine Josh Co-ordinator NPEP also attended the meeting.

MATERIAL DEVELOPMENT

Development of Guidelines :

All the NPEP members participated in the development of the guidelines for the following activities :

- * State Level Role Play Competition
- * State Level Folk Dance Competition
- * State Level Poster Competition
- * State Level Photo Competition-cum-Exhibition
- * State Level Exhibition on Models related to NPEP

The guidelines were typed, printed and further distributed to all the Govt. Schools of UT Chandigarh.

Development of Advocacy Material :

Advocacy material to integrate in different programmes on PE/AE issues was developed. The Advocacy material was printed and further distributed to social study teachers of class 7th to 9th teaching in Govt. schools of UT. Chandigarh. The NPEP members and resource persons contributed in the development of Advocacy Material.

Translation of Advocacy Material in Hindi:

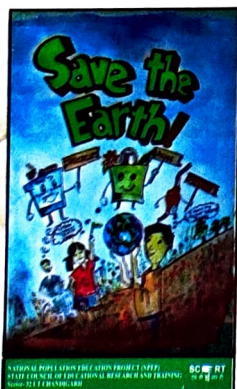
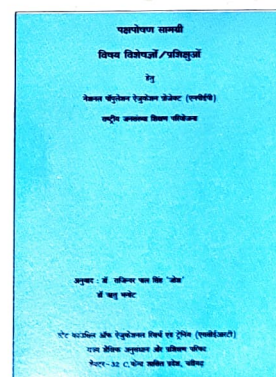
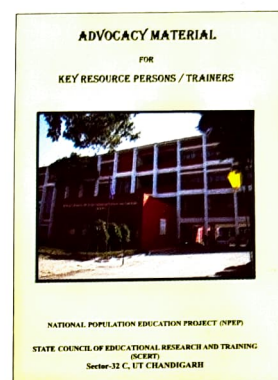
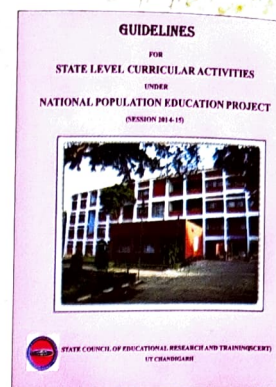
Six Days workshop was organized from 13.09.2014 to 18.09.2014 to translate Advocacy Material in Hindi which was further distributed during the Advocacy Workshop. Dr. R.P.S Josh Associate Professor at P.G.G.C .G Sector 42 Chandigarh and Dr. Ritu Bhanot PDF Panjab University Chandigarh were the members of this workshop

Development of Material and Manuscript for Annual Newsletter

A two days workshop was organized on 04.02.2015 and 05.02.2015 at SCERT, UT Chandigarh wherein the members of NPEP participated in the development of material and manuscript for Annual Newsletter.

Development of Posters

Two selected Posters were developed in print form.



TRAINING / ORIENTATION PROGRAMME FOR PROSPECTIVE TEACHERS

Training cum Orientation Programme was organized on 16.09.2014 for Prospective Teachers of SCERT UT Chandigarh wherein 98 Participants in Two batches were Oriented by Emminent Resource Persons .

Mrs. Manjeet Kaur, Principal, Govt. College of Commerce, Sector 46 Chandigarh a renowned Educationist and Geographer shared her views on Population Census and population data .

Dr. Ranjay Vardhan, Associate Professor, Post Graduate Govt. College for Girls, Sector 42 shared his views on various Sociocultural Factors and Quality of Life.

Ms. Heena and Anjali from an NGO interacted with participants on the topic of "Gender Discrimination"

Mrs. Jasmine Josh Co-ordinator NPEP and Lecturer in Psychology at SCERT Chandigarh sensitized all the participants about different activities under NPEP, for creating awareness on issues related to Population education.



STATE LEVEL FOLK DANCE COMPETITION

State Level Folk Dance Competition was organized under NPEP on **15-10-2014** in the premises of State Council of Educational Research and Training (SCERT), UT Chandigarh and was **inaugurated by Dr. Surender S. Dahiya, Director SCERT, UT Chandigarh**. As per the guidelines, inter school Folk Dance Competition was held for the students of class 8th and 9th of Govt. School of UT Chandigarh and then entries were invited from these schools for the State Level Competition, wherein **15 teams with 90 participants** from Govt. schools of UT Chandigarh participated.

The winners were awarded cash prize of Rs. 500/-, Rs. 300/-, and Rs. 200/-, per participant for the First, Second and Third position holders respectively at the State level.

Dr. Surender S. Dahiya, Director SCERT, UT Chandigarh gave away the Prizes to the winning teams .

Result of Folk Dance Competition as given below:

Position	School Name	Name of winning students	Theme Selected
First Position	Govt. High School Dadu Majra, UT Chandigarh	Priyanka, Sonia Sarswati, Priyanka Rajni, Sukhvir	Equal Opportunities for Boys and Girls: Removal of Female Foeticide
Second Position	Govt. Model High School Sector 29-A, UT Chandigarh	Muskan Drishti Sharma, Smriti, Kajal, Jhanavi, Diksha	Equal Opportunities for Boys and Girls: Removal of Female Foeticide
Third Position	Govt. High School Sector 53, UT Chandigarh	Sonika, Poonam Nisha, Khushboo, Pooja	Drug Abuse



STATE LEVEL POSTER COMPETITION

State Level Poster Competition was organised under NPEP by SCERT UT Chandigarh from 13th to 17th January, 2015 in the premises of SCERT, UT Chandigarh. As per guidelines interclass and inter-school poster competition was held for the students of class 9th to 12th in Govt. Schools of UT Chandigarh and then top three entries for each school was invited for the State level Competition. Target group were students of class 9th to 12th. About 118 Posters were received. These Posters were displayed at Exhibition held in the premises SCERT from 13th to 17th January 2015.

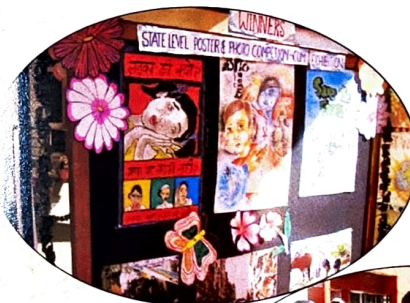
The Exhibition was inaugurated by Dr. Surender S. Dahiya, Director State Council of Educational Research and Training (SCERT) Chandigarh on 15.01.2015

The Judgement for the same was done on 15.01.2015. The winners were awarded with cash prizes of Rs. 1000/-, 750/-, and 500/- for the First, Second, and Third position holders respectively at the State level.

Dr. Surender S. Dahiya, Director SCERT, UT Chandigarh gave away the Prizes to the winners.

The Result of the same at State Level is as under:

Position	Name of The School	Participants
First	Govt. High School Dadumajra UT Chandigarh	Manisha
Second	Govt. Model Sr. Secondary School Sector - 33 D UT Chandigarh	Tanishq Kundra
Third	Govt. High School Sector-53 (Smart School) UT Chandigarh	Nisha



STATE LEVEL PHOTO COMPETITION

State Level Photo Competition was organised by SCERT UT Chandigarh from 13th to 17th January, 2015 in the premises of SCERT, UT Chandigarh. The target group were students of class 8th to 12th. About 35 photographs were received and were displayed. during Exhibition.

The inauguration for the Photo and Poster competition-cum-Exhibition was held on 15.01.2015 by Dr. Surender S. Dahiya, Director, State Council of Educational Research and Training (SCERT) Chandigarh.

The Judgement was done on 15.01.2015. The winners were awarded with cash prizes of Rs. 1000/-, 750/-, and 500/- for the First, Second, and Third position holders respectively at the State level.

Dr. Surender S. Dahiya, Director SCERT, UT Chandigarh gave away the Prizes to the winners.

The result of the same at the State Level is as under:

Position	Name of The School	Participants
First	Govt. High School Sector - 7 C UT Chandigarh	Rajender
Second	Govt. Model Sr. Secondary School Sector - 35 UT Chandigarh	Vishal Verma
Third	Govt. High School Sector - 7 C UT Chandigarh	Sanjeet



STATE LEVEL EXHIBITION ON MODELS RELATED TO POPULATION EDUCATION

State Level Exhibition-cum-Competition on Models related to Population Education, was organised by SCERT UT Chandigarh from 13th to 17th January, 2015 in the premises of SCERT, UT Chandigarh. Total **Eighteen (18)** schools participated and displayed their models during this exhibition.

This Exhibition was integrated with State Science Exhibition to identify and nurture the innovative and creative talent among the students and to take the young learners aware of the relationship between population and development. The whole idea was to make the young conscious of dynamics of population growth and its implications for their future well being and that of the Nation.

The Exhibition was inaugurated by **S. Santosh Kumar IFS, Director, Science and Technology Chandigarh Administration.**

The Judgement was done on 15.01.2015. The winners were awarded with cash prizes of Rs. 1000/-, 750/-, and 500/- per Model for the First, Second, and Third position holders respectively at the State level.

Dr. Surender S. Dahiya, Director, SCERT, UT Chandigarh gave away the Prizes to the winners. The results of the same at the State Level is under:

Position	Name of The School	Participants
First	Govt. Model Sr. Secondary School 37 B UT Chandigarh	Harpreet Singh , Dilip Kumar
Second	Govt. Sr. Secondary School Raipur Khurd UT Chandigarh	Priyanka, Priya Yadav
Third	Govt. Model Sr. Secondary School 19 C UT Chandigarh	Amandeep, Simran Sharma

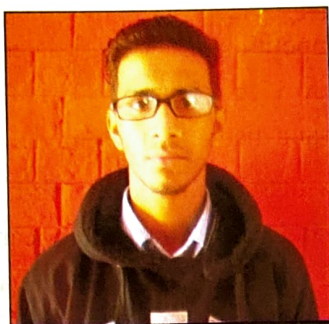


WINNERS

State Level Poster Competition



Ist Prize : Manisha
Govt. High School Dadumajra , UT Chandigarh

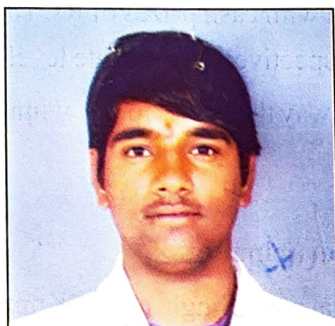


IIrd Prize : Tanishq Kundra
Govt. Model Sr. Secondary School Sec. 33 D UT Chandigarh

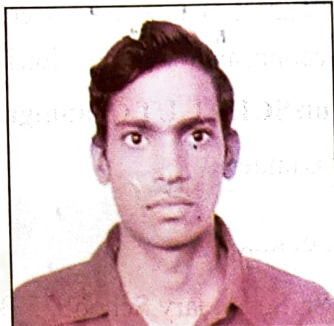


IIIrd Prize : Nisha
Govt. High School Sector 53 (Smart School) UT Chandigarh

State Level Photo Competition



Ist Prize : Rajender
Govt. High School Sector - 7 C UT Chandigarh



IIrd Prize : Vishal Verma
Govt. Model Sr. Secondary School Sector - 35



IIIrd Prize : Sanjeet
Govt. High School Sector - 7 C UT Chandigarh

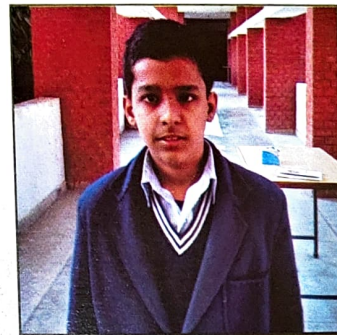
State Level Exhibition on Models



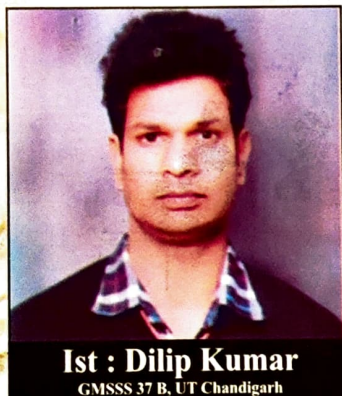
Ist : Harpreet Singh
GMSSS 37 B, UT Chandigarh



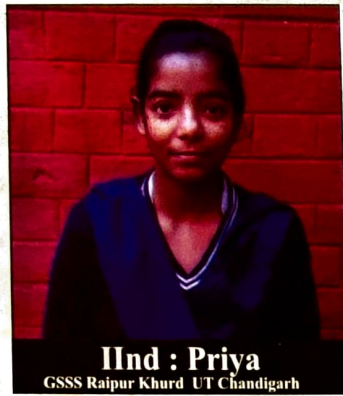
IIrd : Priyanka
GSSS Raipur Khurd UT Chandigarh



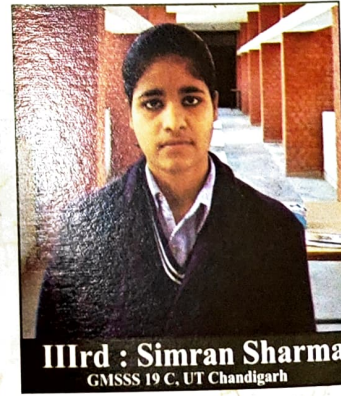
IIIrd : Amandeep
GMSSS 19 C, UT Chandigarh



Ist : Dilip Kumar
GMSSS 37 B, UT Chandigarh



IIrd : Priya
GSSS Raipur Khurd UT Chandigarh



IIIrd : Simran Sharma
GMSSS 19 C, UT Chandigarh

WINNERS

State Level Role Play Competition



1st Position

Govt. Model High School
Sector 38 (W), UT Chandigarh

State Level Folk Dance Competition



1st Position

Govt. High School
Dadu Majra, UT Chandigarh



2nd Position

Govt. High School
Dadu Majra, UT Chandigarh



2nd Position

Govt. Model High School
Sector 29A, UT Chandigarh



3rd Position

Govt. Sr. Sec. School Khuda Lahora,
UT Chandigarh



3rd Position

Govt. High School Sector 53,
UT Chandigarh



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